



ଜୟଗୁରୁ

ନୀଳାଚଳ ସାରସ୍ୱତ ସଂଘ,ପୁରୀ

ଆମେରିକା ସାରସ୍ୱତ ସଂଘ

୮୧୭ ଡମ ଅଧିବେଶନର କାର୍ଯ୍ୟସୂଚୀ

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ତାରିଖ: ୬-୫-୨୨ ସମୟ: ୭:୧୫-୧୧:୫୫

ପାଳିଆ: ଯୁକ୍ତା , ସୁକନ୍ୟା ମା', ଲୀନା ମା'

6-4-22(ET)		ଅଧିବାସ (ସନ୍ଧ୍ୟା ୭:୦୦ - ୮:୦୦)
07:00 - 08:00		ସ୍ତୋତ୍ର ବନ୍ଦନା, ଲୀଳା ପ୍ରସଙ୍ଗ ଖଣ୍ଡ-୩ , ବିଦାୟ ପ୍ରାର୍ଥନା, ଜୟଗୁରୁ ନାମ କୀର୍ତ୍ତନ ଓ ଆସନ ବନ୍ଦ
6-5-22(ET)		ପ୍ରଥମ ଅଧିବେଶନ (ସକାଳ ୦୭:୧୫ ରୁ ୦୮:୫୫)
07:15	Leena Maa, Milu Maa	ପ୍ରତୀକ୍ଷା
07:30	Sanujit Bhai	ଆରତି
07:45	Smita Bai Maa	ବନ୍ଦନା (ବନ୍ଦନା ଗୁରୁଚରଣ), ସ୍ତୋତ୍ର ବନ୍ଦନା
08:10	Brajendra Bhai	ପରିଚୟ ପତ୍ର ପାଠ,କରୋନା ମହାମାରୀରୁ ରକ୍ଷା ପାଇଁ ପ୍ରାର୍ଥନା, ସମ୍ମିଳନୀ ପ୍ରାର୍ଥନା ଓ ଆସନ ମନ୍ଦିରରେ ନିତ୍ୟସେବା ପୂଜାର ସୁବ୍ୟବସ୍ଥା ପାଇଁ ପ୍ରାର୍ଥନା
08:20	Kalpana Maa, Smita Ray Maa	ସଂଘସେବକ ଉନବଦ୍ୱାଦ୍ୱିଂଶ(୩୯) ଭାଗ, ଦ୍ୱିତୀୟ ସଂଖ୍ୟା (ବନ୍ଦନା, ପ୍ରାର୍ଥନା,ପ୍ରାର୍ଥନା ସଂଗୀତ ଓ ପ୍ରାର୍ଥନାକାରୀଙ୍କ ପ୍ରତି)
08:40	Sasmita Maa	ଶ୍ରୀ ଶ୍ରୀ ଗୁରୁଗୀତା (ଶ୍ଳୋକ - ୯୭)
08:42	Leena Maa	ବାଲ୍ୟ ଭୋଗ ଓ ପରପୂଜା ପାଇଁ ନିମନ୍ତ୍ରଣ
08:43		ଜୟଗୁରୁ ନାମ କୀର୍ତ୍ତନ ଓ ଆସନ ବନ୍ଦ
6-5-22(ET)		Second Session (09:45 AM - 11:55 AM)
09:45	Pooja Maa, Udit Maa	Aabaahana
10:00		PraNaama Gaana and Opening of the Curtain
10:02	Sibani M. Maa	Bandanaa
10:07	Banalata Maa	Parichaya Patra Paatha
10:15	Amrita Maa	Biswapati PraNaama
10:20	Sanghmitra Maa	Nigama Upadesha (Page - 153 -154 Guru Dakshina ..)
10:25	Swapneswar Bhai	Minutes of the Last Session
10:27	Sibani D. Maa	Pancha Sanyaasinee Shishyaa (Page 73-78)
10:35	Arpita Maa	Praarthanaa Sangeeta
10:40	Padma Maa	SansaarPathe - Part 1
10:50	Gyan Bhai	Q.A. Session
11:00	Shreyasee	Y.A. Praarthanaa Sangeeta
11:05	Shreya	Y.A. Session
11:35	Yukta, Sukanya Maa, Leena Maa	Bhaaba Binimaya Invitation for Madhyaahna Bhoga and Evening Puja
11:40	Ashwini Bhai	Invitation for Barsikaoustav Puja (6-11-22)
11:41	Gyan, Brajendra Bhai, Thakur Prasad Bhai	Invitation for Next Sangha Puja (6-12-22)
11:42	Sukanya Maa	Praying for forgiveness
11:43	Sukanya Maa	Bidaaya Praarthanaa Jayaguru Naama Keertana, PraNaama and Closing of Aasana
11:55	Biswajit Ray Bhai	Attendance

Sansaar Pathe

Many spiritual practitioners chant and do meditation. But none gets enlightenment by chanting mantras. What could be the reason? Without knowing the correct meaning of the chanting, methods and process of chanting of the mantra and surrendering the chant, the mantra cannot be effective. Hence, it becomes impossible to achieve the fruit of chanting the mantra. Without completion of the chanting using due process, and without performing the kriya (yogic practice) on its nerve center (*manipura chakra*), one cannot really awaken the mantra. Hence, like a lifeless body, chanting a lifeless mantra will yield no result.

chaitanyarahitA mantrAh proktA varnAntu kevalAh |
phalam naiva prayacchanti laksha koti japAirapi ||

Meaning, a mantra devoid of consciousness is nothing but a cluster of letters. Chanting such a mantra for lakhs or crores of times will bear no fruit.

How can chanting a mantra superficially with pomp and show, using beads or Jhula (attire of monks) bear fruit? But how many gurus teach methods of mantra consciousness to their disciples at the time of initiation? Most likely the Guru is unaware of the method. As a result, the disciple remains in the same darkness as he was before, by chanting the lifeless mantra given by his Guru. His state of soul remains unchanged. After initiating someone with a mantra and then practically showing how to chant the mantra as per the process will lead to awakening of the mantra. This, I can assure you, will instill devotion in the heart of the most cruel person.

Now, this is my sincere request to you readers, not to indulge in spiritual practice following your own reading of the scriptures or following razal dazl performance or advice from someone. There is no hope of a good outcome when you follow processes advised by ignorant business-minded people. Conversely, this may result in long-term respiratory illness culminating in asthma or chronic cough which will lead to giving up any chance of continuing yogic practices forever. The spiritual methods included in my published books are very simple and can be done with ease; and have been approved by accomplished yogis. Undertaking any one of these methods will help in leading a healthy life, gaining satisfaction and progressing on the path towards liberation day by day.

Those who practice yoga should undertake a life of celibacy. Because during that time the yogic practice creates too much pain which without a diet of milk, butter, etc. one will be debilitated. Too much loss of semen causes loss of balance, makes the body disease prone; and creates hurdles during spiritual practice. The almighty God has taken birth in your home as your wife-children. Hence your family members are different and distinct personifications of God. If family members are served with an awareness of their spirituality, for example if the wife is treated as the beloved, the children with tender affection, or if every action is done as a service to divinity then one certainly obtains blessings from God. You all are householders; You can get God's blessings if you follow the path of righteousness and hold your belief in God.

Every spiritual tradition prays to their own Guru in different ways. Some do it with flowers and sandalwood paste, some in their mind and some through meditation. Even if someone prays to the idol of Shri Guru with just flowers and water, then that will bring enough improvement to him. Shri Guru has the same consideration for every class of disciples. Only thing that differs is the disciples' fervor of worship. Again, do not hold onto the notion that someone has gained a lot through concentration and meditation. Only through their deep love for me, my disciples have excelled. Without love for their Guru, improvement is not possible for the disciples. Through this love and devotion for their Guru, the Guru's power gets manifested in the devotee. Those who love their Guru, strive to perform the selfless duties assigned by their Gurus. Based on their ability, Shri Guru assigns and makes his disciples do his work. Through that disciples shed the burden of Guna.