



JAYAGURU

Nilachala Saraswata Sangha, Puri
America Saraswata Sangha
934th Weekly Puja Program

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www.uberconference.com/amsas

Date: 11-10-24 Time:7:15 - 11:55 AM

Palia: Pratyush, Gurudas Bhai, Amitav Bhai

11-9-24		Adhibasa
19:00 - 20:00		Stotra Bandana, Leela Prasanga Part 5 (Page-455), Bidaya Prarthana, Jayaguru Nama Kirtana & Closing of Asana
11-10-24		First Session (7:15 AM - 8:45 AM)
07:15	Bhakti Maa, Arpita Maa	Prateeksha
07:30	Sanujit Bhai	Aarati
07:45	Biswajit Bhai	Bandana (Bandae Gurucharana), Stotra Bandana
08:10	Sarthak Bhai	Shree Shree Guru Geeta - Verse 105
08:14	Braja Bhai	Parichaya Patra Patha, Sammilani & Bhakta Niwas Nirmana Prarthana
08:20	Barada Bhai	Sangha Sevaka 10th Year 1st Part (Bandana, Prarthana & Prarthanakarinka Prati)
08:42	Gurudas Bhai	Invitation for Baalya Bhoga and Second Session Puja
08:43		Jayaguru Nama Keertana, Pranama and Closing of Asana
11-10-24		Second Session (09:45 AM - 11:55 AM)
09:45	Suwendu Bhai, Gyan Bhai	Prateeksha
10:00		Abahana Pranama Gana and Opening of the Curtain
10:02	Brundaban Bhai	Bandana
10:07	Ajit Bhai	Nigama Upadesha (Page - 22 Real Sannyasa)
10:10	Sanghmitra Maa	Minutes of the Last Session
10:14	Rashmi P. Maa, Vedamati Maa	Nilachale Thakur Nigamananda & Summary (Page 123-127)
10:30	Milu Maa	Praarthanaa Sangeeta
10:40	Biswajit B. Bhai	SansarPathe - Part 1 (The conclusion of new edition)
10:50	Gyan Bhai	Q.A. Session
11:00	Aishee	Y. A. Praarthanaa Sangeeta
11:05	Swati Maa	Y. A. Session
11:35	Pratyush, Gurudas Bhai, Amitav Bhai	Bhaaba Binimaya Invitation for Madhyaahna Bhoga and Evening Puja
11:40	Sibani M. Maa, Banalata Maa, Smita Ray Maa, Bhakti Maa	Invitation for Rasa Puja (11-15-2024 Evening 6:30)
11:41	Saanvi, Madhusmita Maa, Swati Maa	Invitation for Next Sangha Puja (11-17-24)
11:42	Amitav Bhai	Praying for forgiveness
11:43	Suprit Bhai	Bidaya Prarthana
11:50		Jayaguru Nama Keertana, Pranama and Closing of Asana
11:55	Biswajit Bhai	Attendance

Sansar Pathe Part - 1

The conclusion of new edition

*Dhyānamulaṁ Gurormurtiḥ Pujā-Mulaṁ Gurorpadam̐ |
Mantramulaṁ Gurorbākyaṁ Mokshamulaṁ Gurorḥ Krupā ||*

We apprise the readers that to awaken the divine power-center within oneself, it is absolutely necessary to take shelter of Sri Gurudev. SriGuru is eternal, the truth, perpetual and primordial. He does not have birth, frailty, and death. Hence, he is eternally present. The way he existed before, the same way he exists at present through his name (*nāma*), image (*rupa*), divine play (*leelā*), and devotees. Sadguru is the embodiment of compassion. His magnificence is boundless. Even though he has left his mortal body, he is still existing in godly form and emancipating jivas. Even now, he is engaged in divine play with his devotees by existing in his gross, subtle, and causal bodies in this world. He, even now, appears before his devotees and disciples and guides them on the right path. His glory is reflected in pure mind. There are five states of mind (*chitta*). The unstable or fickle state is called *kshipta* (restless or agitated). When the mind is taken over by the six-fold enemies (*ṣaḍha-ripu*), and sleep, drowsiness, and laziness resulting in a loss of sense of duty, discernment, and intelligence, that state of mind is called *muḍha* (stupefied or dull). After becoming tranquil for some time upon reaching a happy or blissful state, the mind reverts to its fickle state due to its innate tendency. This state of mind is called *bikshipta* (oscillating or distracted). Out of the five, these first three states of mind are generally seen in common people. When the mind is anointed in thoughts and remembrance of the lotus feet of Sri Gurudev or is stable in one's own goal, that state of mind is called *ekāgra* (single pointedness). This single-pointed mind is a pure mind. Spiritual practices are needed for reaching this single-pointed state of mind. The fickleness of mind is called *vritti* (different tendencies or psycho-physical propensities). *Chitta-vritti* is unsteady like the waves of the sea. The single-pointedness is the cessation of this *vritti*. Deploying the mind at the meditation of the lotus feet of Shri Gurudev by withdrawing it from the material world is called single-pointedness. The practice of such is called yoga. When the mind is absorbed in one matter, it cannot be engaged in another. Hence the sighting of *Iṣṭa* (one's tutelary deity) becomes easy when one stays connected with the eternal entity by any means. God, staying in our inner sanctum, experiences every object with the help of mind. Therefore, he is called *antarātmā* (inner Atma). Hence, the mind is merely an instrument. Atma, the individual consciousness, conducts all affairs by staying behind the mind and using it as an instrument. The way individual consciousness drives the mind, the mind drives all sensory organs. The sensory organs are controlled when the mind is steady. Keeping the mind steady on any eternal object is called meditation. Through regular practice the mind becomes steady eventually. This practice is called *sādhan-bhajan*. These practices can never be performed without instructions from SadGuru. For the development of spiritual power, taking shelter of Sri Gurudev is absolutely necessary. With sincerity and earnestness, these practices are performed at SriGurudev's direction. Intense excitement and firm determination provide primary support for building the mind and body suitable for God's service. The key assets for a servant to provide service are steadiness or earnestness, genuine feelings, and perseverance. *Brahmacharya* (chastity) is the main foundation for controlling the mind. In ancient times, the parents used to send their children during their childhood to the house of Guru, with a view to acquire true knowledge. By staying at a suitable Guru's place, while observing brahmacharya independently, they learned how to become obedient through serving the Guru. Now-a-days, because of the

abolition of true education due to the influence of western education, the students are not able to lead a disciplined life. Therefore, Sri Sri Thakur has instructed us to lead an ideal householder's life in order to teach self-control as per the ideals of ancient saints. When parents lead a disciplined life, their children can have a disciplined mind and vigor. Hence, the householders, while trying to expand their wealth and family, should make special efforts to earn *ṣaṭ sampatti* (the six-fold wealth/assets) such as *śama* (tranquility) and *dama* (control). In order to pursue virtuous qualities such as control of body and mind, forbearance, patience, strength and moral courage, it is advisable to carry out discussion of spiritualism by joining the company of spiritual people. The specialty of India is spiritualism. Hence, spiritualism or Sri Sri Thakur is the shelter of the entire universe. In the ancient times, all activities were done by keeping God at the center. As a result, the mind was remaining peaceful in states of happiness and sorrows rather than getting perturbed. However, in this era most people are drowned only in their own material thoughts. This is called the whirlpool of selfishness. The only way to escape from this whirlpool of selfishness is taking shelter of SriGurudev. The *sebakas* (servants) have an eternal relationship with SriGurudev. In every situation, one has to realize that He is there. The lord of our life is present in our heart and mind. Therefore, the *sebakas* must proceed toward their goals by accepting Sri Sri Thakur's words as the words from the Vedas. Sri Sri Thakur has said, "Consign all your burdens to me by depending on me. I will do what I would consider good for you."